

# ART OF CAREGIVING WORKSHOPS CENTER FOR HEALTH CAREERS

Location: South Campus, C125 (Use parking lot #2 off Bunert)

Time: 1-4pm

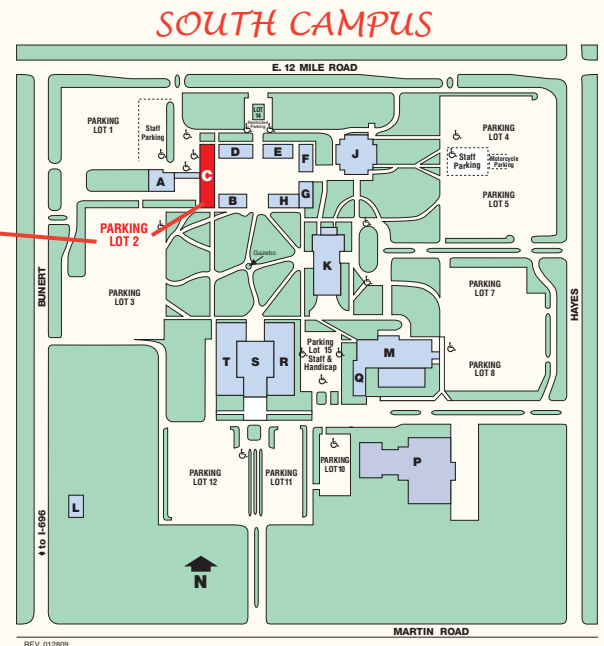
Course No. 92309 - Friday, September 23, 2011

Course No. 92310 - Friday, October 14, 2011

Course No. 92311 - Friday, November 4, 2011

Call 586.498.4000 to register for this FREE training.

[www.macomb.edu/continuing](http://www.macomb.edu/continuing)

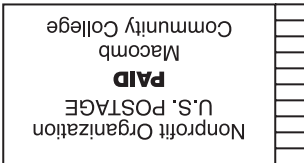


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ADDRESS SERVICE REQUESTED

Macomb Community College  
14500 E. 12 Mile Road  
Warren, MI 48088-3896



**FREE!**

# ART OF CAREGIVING WORKSHOPS

Get a little help from your friends at Macomb. . .

 Workforce &  
Continuing Education  
MACOMB COMMUNITY COLLEGE





# ART OF CAREGIVING WORKSHOPS

*Instructors:*

*Midge Appel, M.A.*

*Vickie Andrews, R.N.*



Macomb Community College's Workforce & Continuing Education is delighted to have the opportunity to deliver at your site a three-hour interactive seminar to provide practical assistance, emotional support, and resources for family caregivers to help them with:

- identify caregiving tasks and challenges
- discover available programs and services
- cope with difficult behavior
- partner with your medical team
- find ways to avoid stress and burnout

***Call 586.498.4143 for information and to schedule on-site presentations.***



Seminar participants are also invited to Macomb's state-of-the-art training center at South Campus to participate in individually designed hands-on skills training to learn:

- how to assess a physical environment safety
- fall prevention
- universal infection control precautions
- assistive medical equipment for home use
- safe bed/chair, chair/walker transferring techniques
- how to assist with daily living activities
- how physical/mental activity and nutrition relate to health



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**Location:**

**South Campus**

**14500 East 12 Mile Road, Warren, MI 48088**

Visit [www.macomb.edu/continuinged](http://www.macomb.edu/continuinged)

**Call 586.498.4000 to register.**

*This program is grant funded and available because of the generosity of the International Longevity Center and MetLife.*